

Typical Daily Schedule (Subject to change per any new government/CDC guidelines)

- 8:45-9:10 Check in
- 9:15-9:25 Stretching Agility Stations
- 9:25-9:35 Agility Stations
- 9:35-9:50 Hot Shot
- 9:50 -10:00 Break and sanitize
- 10:05 - 10 :30 Drill Stations
- 10:30 – 11:00 Water Balloon toss Lunch
- 11:00 11:10 cleaning
- 11:10 – 11: 45 competitive games (contests)
- 11:50 – 12:30 Lunch and cleaning
- 12:35-1:15 Water balloon toss
- 1:20 – 2:00 individual workout
- 2:00 2:15 Foul Shooting
- 2:15 – 2:45 contests
- 2:50 – 3:00 closing announcements
- 3:00 pick up.

No spectators will be allowed at camp due to safety concerns